



Zen Physical Therapy

Outpatient Physical Therapy in the Home Setting

Mobile: 949-297-6160

Fax: 714-276-6160

Email: info@zenPT.net

Website: zenPT.net

Our therapy staff makes Medicare covered home visits to "non-homebound" patients

Patients Name _____ Date _____

Diagnosis _____

Freq/Duration _____

Evaluation & Treatment

Procedures:

PLAN OF CARE:

Strengthening Exs/PRE's

ROM/Stretching Exs

Balance Activities

Postural Restraining

Joint/Soft Tissue Mobilization

Functional Activities

Gait Training

Other _____

Physician's Signature: _____